

SISKIYOU COUNTY

Senior Resource Directory



2026-2027



FAIRCHILD
MEDICAL CENTER

Fairchildmed.org
530.842.4121

WE HAVE *You* COVERED



**Pain
Management**



**Orthopedic
& Podiatry**



**General
Surgery**



**Women's
Health**



**Rehabilitation
Services**



**Stroke
Program**

Senior Life Solutions

Outpatient services designed to meet the unique needs of older adults experiencing depression, anxiety, or other mental challenges often associated with aging.

Appointments: 530.841.7852

Fairchild Medical Center: 530.842.4121
Fairchild Medical Clinic: 530.842.3507
Express Care: 530.842.3507

FMC Rehabilitation Main: 530.841.6211
FMC Rehabilitation North: 530.842.4381
Scott Valley Rural Health Clinic: 530.467.5393

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ADVOCACY

AARP.....	888-687-2277
Adult Protective Services.....	530-841-4010
Dignity Health Connected Living -MSSP Care Management.....	530-226-3020
Dignity Health Connected Living-AmeriCorps Seniors Volunteers.....	530-226-3098
Disability Rights of California.....	800-776-5746
HICAP (Health Insurance Counseling & Advocacy Program).....	530-223-0999
Toll Free.....	800-434-0222
Long Term Care Ombudsman Program-PSA2.....	530-229-1435
National Elder Fraud Hotline.....	833-372-8311
PSA2 Area Agency on Aging.....	530-842-1687
Siskiyou County District Attorney-Victim Services.....	530-842-8229
Siskiyou County Domestic Violence and Crisis Center.....	530-842-6629
24 Hour Crisis Line.....	877-842-4068

ALZHEIMER'S DISEASE

Alzheimer's Association: Education, Support Services, Help Line.....	530-895-9661
24 Hour Help Line.....	800-272-3900



IHSS
IN-HOME SUPPORTIVE SERVICES

The IHSS program provides domestic and personal care to eligible low-income individuals who are aged or disabled and require assistance to remain safely in their homes. Call us today, to see if you qualify.

SISKIYOU COUNTY HEALTH AND HUMAN SERVICES • 530-841-4200



**WE ALL
DESERVE
TO AGE
FEARLESSLY.**

**Together
we can STOP
elder abuse.**

IF YOU SEE IT, REPORT IT!

We are here to help. Please call us at Siskiyou County Adult Protective Services.
530-841-4010 | 750 S. MAIN STREET, YREKA

**ASSISTED LIVING, RESIDENTIAL CARE &
SKILLED NURSING**

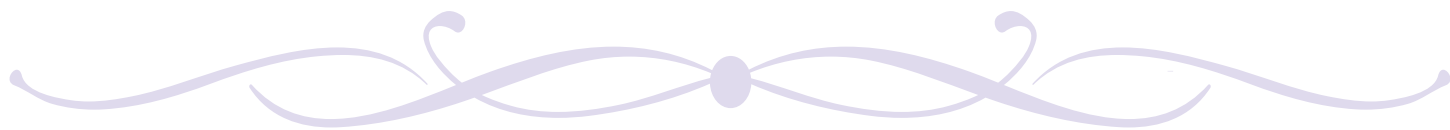
Shasta Healthcare (Shasta View Estates).....Weed.....530-938-4429
Siskiyou Springs Senior Living.....Yreka.....530-842-4300

BEHAVIORAL HEALTH

Anav Tribal Health Clinic.....Scott Valley.....530-468-4470
Karuk Tribal Human Services.....Happy Camp.....530-493-1450
Yreka.....530-841-3141
Siskiyou County Behavioral Health.....Mt. Shasta.....530-918-7200
Yreka.....530-841-4100
24 Hour Crisis...800-842-8979
Six Stones Wellness Center.....Yreka.....530-841-0810

The Compassionate Friends
Supporting Bereaved Parents,
Grandparents, and Siblings
877-969-0010

Friendship, Understanding, and Hope



Expert Caregivers | Individualized Care

Our team of dedicated caregivers are committed to providing the very best care to our clients to improve safety and independence.

- ✓ Personal Assistance
- ✓ Flexible Scheduling
- ✓ Meal Management
- ✓ Medication Reminders
- ✓ Transportation
- ✓ Errands
- ✓ Cleaning
- ✓ Companionship

CONTACT US



530-338-1713

Serving Siskiyou, Shasta and Tehama Counties

Locally Owned & Nationally Known

Visiting Angels provides essential senior home care, allowing your loved one to remain where they are the most comfortable...in their own home.

- Bathing & Dressing Assistance
- Assistance with Walking
- Medication Reminders
- Errands & Shopping
- Light Housekeeping
- Meal Preparation
- Companion Care
- Respite Care for Families
- Veterans Care
- Alzheimer's Care
- Dementia Care

530.223.2400
VisitingAngels.com/Redding



Each Visiting Angels agency is a franchise that is independently owned and operated. License: #454700006
*2026 Visiting Angels is a registered trademark of Living Assistance Services, Inc.



BEREAVEMENT SUPPORT

Compassionate Friends (parents who have lost children).....	877-969-0010
Klamath Hospice.....	Macdoel-Dorris-Tulelake.....877-882-2902
Madrone Hospice, Inc.....	Yreka.....530-842-3160
Mercy Hospice.....	Mt. Shasta.....530-926-6111

CAREGIVER SERVICES

Family Caregiver Support Program (Madrone Senior Services).....	530-841-2365
Home & Health Care Management.....	800-400-0727
In-Home Supportive Services (IHSS).....	530-841-4010
PASSAGES-Caregiver Resource Center.....	800-995-0878
Roslyn Home Care.....	530-338-1713
Visiting Angels Living Assistance Services.....	530-223-2400

CLINICS

Anav Tribal Health Clinic.....	Scott Valley.....	530-468-4470
Butte Valley Health Center.....	Dorris.....	530-999-9070
Dignity Health Pine St. Clinic.....	Mt. Shasta.....	530-926-7196
Dunsmuir Community Health Center.....	Dunsmuir.....	530-235-4138
Fairchild Medical Clinic.....	Yreka.....	530-842-3507
Karuk Tribal Health.....	Happy Camp....	530-493-5257
	Yreka.....	530-842-9200
McCloud Healthcare Clinic.....	McCloud.....	530-964-2389
Mercy Lake Shastina Community Clinic.....	Weed.....	530-938-2297
Mercy Mt. Shasta Community Clinic.....	Mt. Shasta.....	530-926-7131
Scott Valley Rural Clinic.....	Etna.....	530-467-5393
Shasta Valley Community Health Center.....	Mt. Shasta.....	530-926-4528
Tulelake Health Clinic.....	Tulelake.....	530-999-9060
Yreka Immediate Care Clinic.....	Yreka.....	530-842-0606
Yreka V.A. Rural Clinic.....	Yreka	530-841-8500

Shasta Cascade Health Centers

Mt. Shasta ~ Dunsmuir ~ McCloud

Celebrating 25 Years of Community Service

Primary Care · Dental Services · Behavioral Health · Chiropractic

www.shastacascadehealth.org ~ 530-926-4528



CONSUMER PROTECTION & SUPPORT

Better Business Bureau.....	916-443-6843
California Department of Consumer Affairs.....	800-952-5210
Federal Trade Commission.....	877-382-4357

CRISIS SERVICES

Adult Protective Services- ElderAbuse Reporting.....	530-841-4010
After Hours.....	530-842-7009
Behavioral Health...(Mental Health Crisis).....	800-842-8979
Institute On Aging-FRIENDSHIP LINE.....	888-670-1360
Office of Emergency Services.....	530-841-2155
Poison Control.....	800-222-1222
Police Departments.....Mt. Shasta.....	530-926-7539
	Tulelake.....530-667-5284
	Weed.....530-938-5000
	Yreka.....530-841-2300
Siskiyou County Domestic Violence and Crisis Center.....	530-842-6629
	24 Hour.....877-842-4068
Siskiyou County Sheriff Department.....	530-841-2900
Suicide Hotline-The Effort.....	800-273-8255

HOUSEHOLD ENERGY ASSISTANCE

Our **Energy Assistance Program** helps income-qualified households with the cost of heating their homes by providing a direct payment to a utility or fuel provider.



Apply early for Energy Assistance! LIHEAP funding is limited this year, and processing times may be longer than usual. Don't wait—submit your application today to help secure support for your energy needs.

Act now!

Request a phone call to discuss your household's eligibility or an application at **530-938-4115 ext. 120**

Apply online at **www.gnservices.org/apply**



GREAT NORTHERN
- services -

Open Monday to Thursday, 9AM–4PM • 310 Boles Street, Weed, CA 96094

DENTAL CARE

Anav Tribal Health Clinic.....	Scott Valley.....	530-468-4470
Butte Valley Health Center.....	Butte Valley.....	530-999-9070
Carney, Christopher DDS.....	Mt. Shasta.....	530-926-2415
Centeno, Kimberly DDS.....	Mt. Shasta.....	530-918-9055
Cunha, William DDS.....	Fort Jones.....	530-468-2406
Evergreen Family Dentistry.....	Yreka.....	530-842-2558
Fairchild Dental Clinic.....	Yreka.....	530-841-4960
Family Smile Dentistry.....	Yreka.....	530-842-7323
Ferrari, Angela DDS.....	Mt. Shasta.....	530-918-9522
Karuk Tribal Health Clinic.....	Happy Camp.....	530-493-1650
	Yreka.....	530-842-9200
Larry J. Meyer DDS.....	Yreka.....	530-842-1689
Morley, Jeffrey DDS.....	Mt. Shasta.....	530-926-5296
Shearer, Kevin DDS.....	Mt. Shasta.....	530-926-6333

DRUG & ALCOHOL ABUSE TREATMENT

Behavioral Health	Mt. Shasta.....	530-918-7200
	Yreka.....	530-841-4890
Karuk Tribal Human Services.....	Happy Camp.....	530-493-1450
	Yreka.....	530-841-3141
Yreka V.A. Rural Clinic	Yreka.....	530-841-8500

EYE CARE

Shasta Vision Group.....	Mt. Shasta.....	530-926-2033
Siskiyou Eye Center.....	Yreka.....	530-842-2760

FINANCIAL ASSISTANCE

Siskiyou County Health and Human Services (Cash Aid & Food Stamps)	530-841-2700
Toll Free.....	800-662-7031
Social Security Administration.....	800-772-1213
Yreka.....	888-366-6145

FOOD PANTRIES (also see Meal Centers)

Dorris Lions Club.....	Dorris.....	530-397-5466
Dunsmuir Resource Center.....	Dunsmuir.....	530-235-4400
Emergency Food Supplies & Commodities (GNS).....		530-938-4115
First Baptist Church.....	Mt. Shasta.....	530-926-5095
Scott Valley Emergency Food Pantry.....		530-468-2201
Siskiyou Community Food Bank.....	Yreka.....	530-340-6382
Siskiyou Food Assistance Corporation.....	South Siskiyou County.....	530-408-6115
St Vincent DePaul Society.....	South Siskiyou County.....	530-926-3061
Yreka Resource Center.....		530-842-1313
Yreka Food Bank.....		530-643-2507

FUNERAL CHAPELS

Girdner Funeral Chapel.....	530-842-3434
Mt. Shasta Memorial Chapel.....	530-926-2131

WELLNESS STARTS HERE

Empowering our **Communities** to
live *Healthier* and *Happier* lives!

Programs Offered:

- Emergency Preparedness Assistance
- Advanced Care Planning “Five Wishes”
- Senior/Adult Wellness Groups
- Immunizations/Vaccinations
- Caregiver Support



- Suicide Prevention
- Fall Prevention
- Wellness on Wheels (Mobile Clinic)
- Diabetes Education Empowerment Program (DEEP)
- Living Well/Healthy Aging

FOR MORE INFORMATION, CONTACT US AT:

810 S. Main St., Yreka, CA 96097 - 530-841-2134 - phinfo@co.siskiyou.ca.us

www.co.siskiyou.ca.us/publichealth



Girdner

Funeral Chapel



FD201

Our Family Serving Yours for Over 80 Years
Serving ALL of Siskiyou County!
530-842-3434

HEALTH & FITNESS CENTERS

Karuk Wellness Center.....	Happy Camp.....	530-493-1414
	Yreka.....	530-841-3155
Level Up Studio.....	Yreka.....	530-598-3979
Mountain Fitness	Lake Shastina/Mt. Shasta.....	530-926-3589
Mountain Fitness (The Wellness Center).....	Mt. Shasta.....	530-926-6010
Siskiyou Family YMCA.....	Yreka.....	530-842-9622
The Bar.....	Yreka.....	530-921-9034
The Well Center for Healing.....	Yreka.....	530-572-1566

HEALTH SERVICES & IMMUNIZATIONS

Nurse Advice Line (Fairchild Medical Center).....	877-529-5604
Siskiyou County Public Health Immunizations.....	530-841-2134



LOWER YOUR HEATING BILLS AND INCREASE YOUR COMFORT



Did you know? Pacific Power's support helps GNS bring Weatherization services to households with electric heat, extending LIHEAP funding to assist more families. If you use electric heat, contact us today to see if you qualify for the Pacific Power ESA program and start saving on energy costs!

Our **FREE Weatherization Program** can make permanent changes to your home making it warmer, safer, and more energy efficient.

Call **530-938-4115 extension 127** for more information



Open Monday to Thursday, 9AM–4PM • 310 Boles Street, Weed, CA 96094

HEATING & ENERGY ASSISTANCE

Great Northern Services (GNS)	530-938-4115
Karuk Tribe	530-493-1600 x2025
Lions Club Firewood Program	Scott Valley 530-598-2162
Pacific Power Energy Assistance Program	888-221-7070
Veterans Wood Assistance (Jennifer Bryan)	530-917-9478
Weatherization Program (GNS)	530-938-4115 x127

HOME HEALTH

Fairchild Medical Clinic Visiting Nurse Services	530-841-7740
Home & Health Care Management	800-400-0727
Mercy Home Health Services	530-926-8484

HOSPICE

Klamath Hospice	Macdoel-Dorris-Tulelake	877-882-2902
Madrone Hospice	Yreka	530-842-3160
Mercy Hospice	Mt. Shasta	530-926-6111

HOSPITALS

Fairchild Medical Center	Yreka	530-842-4121
	Transportation	530-842-3507
Mercy Medical Center	Mt. Shasta	530-926-6111
Sky Lakes Medical Center	Klamath Falls	541-882-6311

HOUSING (Senior & Disabled)

Alta Vista Manor.....	Mt. Shasta.....	530-926-3664
Deer Creek Apartments.....	Yreka.....	530-842-7943
Emerald Pointe Senior Apartments.....	Yreka.....	530-842-2739
Eskaton Washington Manor.....	Mt. Shasta.....	530-926-5339
Juniper Terrace Apartments.....	Yreka.....	530-842-6459
Karuk Tribal Housing.....	Happy Camp.....	530-493-1414
	Yreka	530-842-1644
Sierra Vista Retirement Center.....	Yreka.....	530-842-3930
	Toll Free.....	800-714-9177
Yreka Guest Home.....	Yreka.....	530-842-4235

HOUSING REPAIRS & HANDICAP ASSISTANCE

Siskiyou Habitat for Humanity.....	530-598-1966
Weatherization Program (GNS).....	530-938-4115 x127

Six Stones Wellness Center

We offer a safe environment of inclusiveness, recovery, and wellness to adults living with mental health and sobriety challenges.

Mental Health Wellness & Recovery Groups/Activities

Hours of Operation: Monday-Friday~10am-3pm

1200 S. Main Street, Yreka

530-841-0810



Northern Valley
Catholic Social Service
INSPIRING HOPE & TRANSFORMING LIVES





SKILLED NURSING FACILITY

We provide 24-hour skilled care and rehabilitation services in a safe and comfortable environment. Nursing services are our specialty, and our team works with your individual goals for a safe discharge back to your home environment. We have licensed nurses of all kinds on staff at our facility, and we work with each resident to meet their medical needs

CONTACT US

530-938-4429

445 Park Street, Weed CA 96064

HUMAN SERVICES

Adult Protective Services/IHSS.....	530-841-4010
Karuk Tribe Human Services.....	Happy Camp.....530-493-1450
	Yreka.....530-841-3141
MSSP (Senior Case Management & Medi-Cal).....	530-226-3020
Siskiyou County Health and Human Services.....	530-841-2700
	Toll Free.....800-662-7031
Six Stones Wellness Center.....	Yreka.....530-841-0810

INFORMATION, ASSISTANCE & REFERRALS

AARP / Membership.....	888-687-2277
	Driver Safety - 55 Alive.....800-350-7025
	Health & Auto Insurance.....800-523-5800
Disability Action Center.....	Core Services.....530-242-8550
PSA2 Area Agency on Aging.....	Yreka.....530-842-1687
	Toll Free.....800-510-2020
Siskiyou County Veterans Services.....	Yreka.....530-842-8010



Planning and Service Area 2 Area Agency on Aging

www.psa2.org

**Serving Older
Adults in Lassen,
Modoc, Shasta,
Siskiyou &
Trinity Counties**



Our Mission is to provide effective community leadership that assures the provision of services for the benefit of older adults and adults with functional impairments which promote the ability to remain at home with maximum dignity, choice, and independence.

Our Programs

- ♦ CAREGIVER SUPPORT
- ♦ ELDER ABUSE PREVENTION & EDUCATION
- ♦ HEALTH SERVICES
- ♦ LONG-TERM CARE
- ♦ NUTRITION ACCESS
- ♦ SUPPORTIVE SERVICES

CONTACT US

530-842-1687



LEGAL ASSISTANCE

Better Business Bureau.....	916-443-6843
California Civil Rights Department (Employment & Fair Housing).....	800-884-1684
Legal Services of Northern California.....	800-822-9687
Siskiyou County District Attorney.....	530-842-8125
Siskiyou County District Attorney-Victim Services.....	530-842-8229
Siskiyou Legal Document Services.....	530-842-7411

LIBRARIES

Butte Valley Library.....	530-397-4932
Dunsmuir Branch Library.....	530-235-2035
Etna Public Library.....	530-467-3661
Fort Jones Branch Library.....	530-468-2383
Happy Camp Library.....	530-493-2964
McCloud Public Library.....	530-964-2169
Montague Branch Library.....	530-459-5473
Mt. Shasta Branch Library.....	530-926-2031
Tulelake Library.....	530-667-2291
Weed Public Library.....	530-938-4769
Yreka Library.....	530-841-4175

LIFELINES

Alert1.....	800-366-8065
Life Alert Emergency Response.....	800-338-9090
Philips Lifeline.....	855-332-7799

LEGAL SERVICES
of
NORTHERN CALIFORNIA

Legal Help When It Matters Most

Learn more about our services at <https://lsnc.net>

MADRONE SENIOR SERVICES



**Empowering
Your
Independence**

**FREE Program
for Adults
60 and over**

- Senior Activities
- Nutritious Meals
- Senior Transportation

530-841-2365



MEAL CENTERS & MEAL DELIVERY

Meal Centers

Dunsmuir Community Resource Center.....	Dunsmuir.....	530-235-4400
Karuk Tribal Nutrition Center.....	Happy Camp.....	530-493-1645
	Yreka.....	530-841-3157
Loaves & Fishes (Etna United Methodist Church).....	Etna.....	530-467-3612
Madrone Senior Services.....	Yreka.....	530-841-2365
Siskiyou Senior Nutrition/Meals on Wheels (GNS).....	Mt. Shasta.....	530-926-4611
Scott Valley Berean Church.....	Etna.....	530-467-3715
Saint Anthony's Soup Kitchen.....	Mt. Shasta.....	530-926-4477
St. Joseph's Catholic Church.....	Yreka.....	530-842-4874
Tulelake Cornerstone Senior Advocacy.....	Tulelake.....	541-281-9900
Weed Community Resource Center.....	Weed.....	530-938-9914

Home-Delivered Meals

Karuk Tribal Nutrition Center.....	Happy Camp.....	530-493-1645
	Yreka.....	530-841-3157
Loaves & Fishes (Etna United Methodist Church).....	Etna.....	530-467-3612
Madrone Senior Services.....	Yreka.....	530-841-2365
Siskiyou Senior Nutrition/Meals on Wheels (GNS)	South County.....	530-926-4611
Scott Valley Berean Church.....	Etna.....	530-467-3715

MEDICAL SUPPLIES & EQUIPMENT

Beltone Better Hearing Center.....	530-221-4624
California Connect- free specialized phones & bluetooth accessories.....	800-806-1191
Disability Action Center- medical equipment & voice options.....	530-242-8550
Everything Medical.....	877-221-3633
Habitat for Humanity-Wheelchair Ramp Assistance.....	530-598-1966
Lincare.....	Yreka.....530-841-0503
Miracle Ear Center.....	Yreka.....530-842-2411
PSA2-Fall Prevention Resources.....	Yreka.....530-842-1687
Scott Valley Respiratory.....	Yreka.....530-841-3000
The Hospice Shop (gently used medical equipment).....	Yreka.....530-842-6025

NEED HELP

UNDERSTANDING MEDICARE BENEFITS?

WE CAN HELP!

Get **FREE** assistance from a
trained HICAP counselor
near you.



HICAP Health Insurance Counseling
& Advocacy Program

530-223-0999
TOLL FREE 1-800-434-0222

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MEDICARE & MEDI-CAL INFORMATION

HICAP (Health Insurance Counseling & Advocacy Program).....530-223-0999

Toll Free.....800-434-0222

Medicare800-772-1213

Medi-Cal/CMSP.....Yreka.....530-841-2700



It's free to apply, and we can help!

CALL ANY SISKIYOU COUNTY RESOURCE CENTER

MENTAL HEALTH (also see Behavioral Health)

Anav Tribal Health Clinic.....	Scott Valley.....	530-468-4470
Butte Valley Health Center.....	Dorris.....	530-999-9070
Dunsmuir Community Health Center.....	Dunsmuir.....	230-235-4138
Fairchild Medical Center Senior Life Solutions.....	Yreka.....	530-841-2852
Karuk Tribal Human Services.....	Happy Camp.....	530-493-1450
	Yreka.....	530-841-3141
McCloud Healthcare Clinic.....	McCloud.....	530-964-2389
Siskiyou County Veterans Services	Yreka.....	530-842-8010
Six Stones Wellness Center.....	Yreka.....	530-841-0810
Tulelake Health Clinic.....	Tulelake.....	530-999-9060



UNLOCK A BRIGHTER TOMORROW

Our hospital-based outpatient program is designed to meet the unique needs of individuals typically 65 and older experiencing depression or anxiety related to life changes often associated with aging.

Take the first step toward a healthier and happier future! Contact us today.

(530) 841-7852





Scott Valley Respiratory

Medical Equipment and Supplies

Assisting you in living a full and independent life.

For over 38 years, we've proudly served Siskiyou County, offering high-quality medical supplies with trusted service. Our commitment to excellence makes us the go-to choice for healthcare professionals and individuals in the community.

NEW OWNERS, SAME TRUSTED SERVICE YOU KNOW AND LOVE.

530-841-3000

1714 S. Oregon St. Yreka CA



PHARMACIES

Clinic Pharmacy.....	Happy Camp....	530-493-2070
CVS Pharmacy.....	Mt. Shasta.....	530-568-6112
Raley's Pharmacy.....	Yreka.....	530-842-4182
Wal-Mart Pharmacy.....	Yreka.....	530-842-9060
Yreka Pharmacy.....	Yreka.....	530-698-0990

PHYSICAL THERAPY

Fairchild Medical Center Physical Therapy.....	Yreka.....	530-841-6211
Fairchild Medical Center Physical Therapy North.....	Yreka	530-842-4381
Mercy Physical Therapy.....	Mt. Shasta.....	530-926-9397
	Weed.....	530-938-4417
The Well Center for Healing.....	Yreka.....	530-572-1566

PODIATRISTS

Dignity Health Mercy Community Clinic.....	Mt. Shasta.....	530-926-7131
McCloud Healthcare Clinic.....	McCloud.....	530-964-2389
Fairchild Medical Clinic.....	Yreka.....	530-842-3507

RESOURCE CENTERS

Dunsmuir.....	530-235-4400
Montague (HUB).....	530-459-3481
Mt. Shasta.....	530-926-1400
Scott Valley.....	530-468-2450
Weed.....	530-938-9914
Yreka.....	530-842-1313



**"As we've gotten older,
we've found new ways
to get active and eat
healthy together."**



**Good nutrition and physical activity are key
to staying healthy and independent.**



A lifeline of hope

24 hours a day
7 days a week

The Friendship Line

by Institute on Aging

CALL FOR

Emotional support if you are lonely, isolated, grieving

Crisis intervention if you are depressed, anxious and/or thinking about death or suicide

Elder abuse reporting

Information and referrals

AVAILABLE TO

Any person aged 60 years or older

Adults 18 years and older living with disabilities

Caregivers

CALL-OUT SERVICE

In addition to receiving incoming calls, our volunteers make routine outbound phone calls to provide emotional support to those who need it.

For more information, call Institute on Aging at 415.750.4111.

1.888.670.1360

The nation's only accredited * 24-hour toll-free crisis intervention hotline and emotional support line (warm line) for older adults and adults living with disabilities.

* The Friendship Line is accredited by the American Association of Suicidology.

 **Institute
on Aging**

This program serving the community is funded by the City of San Francisco's Department of Disability and Aging Services



SAN FRANCISCO HUMAN SERVICES AGENCY
Department of Disability
and Aging Services

052023

SENIOR CENTERS

Karuk Senior Center.....	Happy Camp.....	530-493-1645
Madrone Senior Services.....	Yreka.....	530-841-2365
Mount Shasta Senior Center.....	Mt. Shasta.....	530-926-4611

SUPPORT GROUPS

Alcoholics Anonymous	After Hours.....	530-225-8955
Alzheimer's Association.....		800-272-3900
American Cancer Society.....		800-227-2345
American Diabetes Association.....		800-342-2383
American Heart and Stroke Association.....		800-242-8721
Anav Tribal Health Clinic.....	Scott Valley.....	530-468-4470
Bereavement - Madrone Hospice.....	Yreka.....	530-842-3160
Bereavement - Mercy Hospice.....	Mt. Shasta.....	530-926-6111
Caregivers Support Group.....	Mt. Shasta.....	530-221-1900
	Yreka.....	530-841-2134
Institute On Aging—FRIENDSHIP LINE.....		888-670-1360
Mountain Caregiver Resource Center—PASSAGES		800-995-0878
Six Stones Wellness Center.....	Yreka.....	530-841-0810
Substance Use Disorder Services.....	Yreka.....	530-841-4890
Women's Support Group.....	Yreka.....	530-842-1313

ALSO SEE RESOURCE CENTERS



MADRONE HOSPICE, INC

QUALITY, COMPASSIONATE CARE

Announcing Our Free Grief Support Groups
Facilitated by Debbie Maxine

Date: 2nd & 4th Mondays

Time: 12:00pm-2:00pm

Location: 122 Collier Circle, Yreka CA

REGISTER NOW!

OR

CONTACT US

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BEREAVEMENT SUPPORT GROUP



TAX PREPARATION ASSISTANCE

JEDI-VITA Tax Preparation Program (FREE Tax Assistance).....	888-926-6670
H&R Block.....	Mt. Shasta.....530-926-4994
	Yreka.....530-842-1925
Liberty Tax Service.....	Siskiyou County.....530-841-1040
Sum It Up Accounting.....	Siskiyou County.....530-937-3279

TRANSPORTATION

EMERGENCY/AMBULANCE.....	911
Fairchild Medical Center Auxiliary Transport.....	Yreka.....530-842-3507
Mel's Yreka Taxi.....	530-842-1001
Mount Shasta Ambulance.....	Siskiyou County.....530-926-3420
Mt. Shasta Taxi.....	South County.....530-859-3266
Madrone Senior Services-Senior Transportation.....	Yreka.....530-841-2365
Partnership Health Plan of California (members only).....	866-828-2303
STAGE Bus.....	530-842-8220
Veteran Health Services (Medical Transportation).....	Yreka.....530-841-8515
Weed Parks & Recreation Senior Shuttle.....	530-859-8132

EXCITING NEWS!!!

Madrone Senior Services
have expanded our Yreka
transportation hours

NEW HOURS: 8:30AM-3:00PM

More time to ride and enjoy your day, because your independence matters to us.

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Help Is Here

You Served Us. Let Us Serve You.

Support for veterans in Siskiyou County is just a phone call away.
Get help accessing benefits, services, and local resources
designed to support you.

 **530-842-8010**



VETERANS SERVICES

Jennifer Bryan (Wood Assistance).....	530-917-9478
Nations Finest.....	530-223-3211
Veterans Services.....Yreka.....	530-842-8010
Yreka V.A. Rural Clinic.....Yreka.....	530-841-8500

VETERINARY & PET SERVICES

Alpine Veterinary Hospital.....Weed.....	530-938-1770
American Veterinary Hospital.....Yreka.....	530-842-5719
Mt. Shasta Animal Hospital.....Mt. Shasta.....	530-926-5266
Ponderosa Veterinary Clinic.....Yreka.....	530-572-1510
Purr-Angels (Stray Cats).....Yreka.....	530-905-3646
Purrfect Paws Pet Crematory.....Yreka.....	530-841-1934
Rescue Ranch (Dog Care Services).....Yreka.....	530-842-0829
Scott Valley Veterinary.....Fort Jones.....	530-468-5366
Shasta Valley Veterinary.....Montague.....	530-842-6045
Siskiyou Humane Society-Pet Resources.....Mt. Shasta.....	530-926-4052
SNIP— Siskiyou Spay & Neuter Incentive Program.....	530-926-1196
Southern Oregon Veterinary (Urgent Care).....	541-282-7711

THANK YOU Volunteers

Where the HEART leads, good things follow



VOLUNTEER OPPORTUNITIES

Choices (Parenting Supplies & Resources).....	Mt. Shasta.....	530-926-6726
	Yreka.....	530-331-3762
Dignity Health Connected Living-AmeriCorps Seniors Volunteers.....		530-226-3098
Dignity Health Mercy Medical Center.....	Mt. Shasta.....	530-926-6111
Dunsmuir Community Gardens (Resource Center).....	Dunsmuir.....	530-235-4400
Eagles Nest Resale Shop.....	Weed.....	530-938-4663
Fairchild Medical Center-Auxiliary.....	Yreka.....	530-842-4121
Genealogical Society of Siskiyou County.....		530-842-0277
PSA2 Long-Term Care Ombudsman Program		530-229-1435
Purr Angels.....	Yreka.....	530-905-3646
Rescue Ranch Adoption Center.....	Yreka.....	530-842-0829
Rescue Ranch Thrift Store.....	Yreka.....	530-643-8156
Madrone Hospice, Inc/Shop/Heartisans/Senior Center....	Yreka.....	530-842-3160
Mount Shasta Bioregional Ecology Center.....	Mt. Shasta.....	530-926-5655
Museums.....	Fort Jones.....	530-468-5568
	Mt. Shasta.....	530-926-5508
	Yreka.....	530-842-3836
Siskiyou Habitat for Humanity.....		530-598-1966
Six Stones Wellness Center.....	Yreka.....	530-841-0810
SNIP– Siskiyou Spay & Neuter Incentive Program.....	Mt. Shasta.....	530-926-1196

ALSO SEE FOOD BANKS, LIBRARIES & RESOURCE CENTERS



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